



## **Keynote: National Children's Recording and Performing Artists**



Don Monopoli of The Learning Station will present the Friday keynote "All Aboard," and a Saturday workshop entitled "Let's Get Physical with Music."

The Learning Station invites you to join in a healthy collection of fitness songs, group games and activities all designed to develop balance, locomotor skills, physical strength and coordination. Also exercised are position discrimination, following directions, sequencing and listening skills. There's nothing like a jolt of up-beat jamming tunes to get you and your students exercising, moving and grooving. Nutritional music and movement for your heart, body and mind.

In each of the sessions there is extensive participation with the attendees. Individual creativity adds to the success of how movements, rhythms, motions and beats are introduced. At the same time, individual interpretation of rhymes, chants, melodies and music can add a whole new dimension of enjoyment to physical activities and dance.